



September 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Weekender
	1 Mild Mongolian Beef with Stir Fried Rice and Honey Glazed Carrots	2 Chicken Caesar Wrap with Fresh Fruit	3 Healthy Egg Roll Bowl Ground beef, cabbage, soy sauce, ginger, wonton strips and fresh vegetable	4 St. Louis BBQ Chicken Homestyle Potatoes Green Beans	Grilled Ham & Cheese with Chicken Noodle Soup
7 Closed for Labor Day – Monday meal delivery will be tomorrow Tuesday September 8th	8 Sausage Breakfast Burrito (egg, potato and cheese) with Fresh Fruit <i>*Special Delivery Day due to Labor Day</i>	9 Ham Steak with Scalloped Potatoes and Fresh Vegetables	10 Baked Pasta Bake – Ground Beef marinara with Penne Pasta, Mozzarella Cheese and Vegetable	11 Healthy Hawaiian Chicken- with teriyaki -served with rice and fresh vegetable.	Turkey and Cheese on Sourdough Bread with baby carrots
14 French Toast and Sausage with Fresh Fruit	15 Beef Tip Fried Rice with Stir Fried Vegetables and Fresh Fruit	16 Pulled Pork BBQ on a Bun with Cole Slaw and Fresh Fruit	17 Chicken Ala King with a Biscuit and Vegetable	18 Stuffed Cabbage Casserole with Mashed Potato and Vegetable	Italian Sub Sandwich with Chips and a Cookie
21 Roast Turkey with Mashed Potato, Dressing and Gravy with Vegetable	22 Orange Chicken Bowl with Stir Fried Rice and Vegetable	23 Macaroni and Cheese with Italian Sausage and Fresh Fruit	24 Biscuits with Gravy and Vegetable	25 Breaded Country Chicken on Mashed Potato with Gravy and Vegetable	Sliced Turkey w/ Swiss on Sourdough bread. Served with macaroni salad.
28 Healthy Chicken Taco Bowl – on rice with lettuce, tomato and salsa and a side tortilla	29 Meatloaf with Mashed Potatoes and Gravy. Served with Vegetable	30 Chicken Salad Sliders with Potato Salad			
Entrée/Weekender \$14.00 🍓 Hearty Meal \$16.60 🍓 Add a Toss Salad \$3.00 🍓 Add a Cup of Soup of the Day \$5.00					